



## VAGSA YOUTH SOFTBALL CAMPS

Join Verona Area Girls Softball for our winter/spring camp and get ahead of the game! Instruction will be lead by Kelly Keyes and selected staff. It is proven that repetition is KEY for learning and sustaining the skill learned. Similar to the 7 week summer Instructional Program, we will follow a progressive plan that will build the skills week to week. We are offering this program at an affordable price so all community members have access to high level training. Limited number of participants per session (based on space), so sign up quickly!

### **SESSION 1: Hitting/Throwing/Fielding Mechanics Camp \$80**

Sundays: January 19, 26 and February 2, 9, 16, 23 and March 1, 8, 15  
Glacier Edge Elementary from 3:00-4:30pm

No matter the starting point of the participant, we will take them farther into the skill of hitting, throwing and fielding. The time will be divided accordingly; hitting 40 min/throwing 15 min/fielding 35 min.

### **SESSION 2: Pitching Camp \$80**

Sundays: January 19, 26 and February 2, 9, 16, 23 and March 1, 8, 15  
Glacier Edge Elementary from 4:45-6:00pm

**Pitchers must bring a catcher.** It can be a parent or minor instruction will be provided for youth catchers at no cost to the player.

### **SESSION 3: Hitting/Throwing/Fielding Mechanics Camp \$80**

Sundays: March 22, 29 and April 5, 29, 26 and May 3, 17 24  
Glacier Edge Elementary from 4:00-5:30pm

### **SESSION 4: Pitching Camp \$80**

Sundays: March 22, 29 and April 5, 29, 26 and May 3, 17 24  
Glacier Edge Elementary from 5:45-7:00pm

Please go to <https://forms.gle/Mf52XSWYnCFHGUs9A> to sign up.

Minimum number of participants for sessions 1 & 3 is 10, Max. 20  
Minimum number of participants for sessions 2 & 4 is 10, Max 15

QUESTIONS: Contact Verona Area Girls Softball at [vagsawi@gmail.com](mailto:vagsawi@gmail.com)